



**Snohomish Health District  
Board of Health Minutes  
August 14, 2018**

The meeting was held at Snohomish Health District, 3020 Rucker Ave., first floor Auditorium.

**Members Present**

Scott Bader, Councilmember, Everett  
Christine Cook, Councilmember, Mukilteo  
Adrienne Fraley-Monillas, Councilmember, Edmonds – BOH Chair  
Kurt Hilt, Councilmember, Lake Stevens (via phone)  
Sam Low, County Councilmember (via phone)  
Nate Nehring, County Councilmember  
Liam Olsen, Councilmember, Bothell  
Dan Rankin, Mayor, Darrington  
Terry Ryan, County Councilmember (via phone)  
Brian Sullivan, County Councilmember  
Shirley Sutton, Councilmember, Lynnwood  
Stephanie Wright, County Councilmember – BOH Vice Chair

**Members Absent**

Kyoko Matsumoto Wright, Councilmember, Mountlake Terrace  
Jeff Vaughan, Councilmember, Marysville

**Arrival/Departure**

**Call to Order**

The regular meeting of the Board of Health was called to order at 3:05 p.m. by Board Chair Adrienne Fraley-Monillas in the auditorium of the Snohomish Health District Rucker Building.

**Roll Call**

Roll call was taken by Ms. Linda Carl who reported there was a quorum present.

**Additions to the Agenda**

Chair Fraley-Monillas added the Chair's Report after approval of minutes regarding the Health District's Charter and appointment to the Board.

**Approval of Agenda Contents and Order**

It was moved by Ms. Stephanie Wright and seconded by Ms. Shirley Sutton to approve the agenda contents and order with the Chair's addition. The motion passed unanimously.

**Approval of Minutes**

It was moved by Ms. Wright and seconded by Mr. Scott Bader to approve the minutes of the regular meeting of July 10. The motion passed unanimously.

**Addition to Agenda: Chair's Report**

Chair Fraley-Monillas noted that there has been a vacancy on the Board since Jeff Rasmussen resigned effective June 30. The Board member in this district represents five cities. With this vacancy, the five cities must agree on one representative, per the Health District's Charter. Chair Fraley-Monillas spoke with Mayor

Seehuus of Sultan about the process to appoint a representative. She relayed that Mayor Seehuus expressed concern that Sultan is not represented on the Board and suggested an amendment to the Board that addresses Board member rotation. Chair Fraley-Monillas said she understood from their conversation that Mayor Seehuus will talk to his council about supporting the representative from Snohomish. After discussion, the Board agreed to have Grant Weed draft potential language for the Charter that addresses rotation within districts that contain more than one city.

#### **Public Comment**

Deb Blakeslee spoke on abusive situations and recognizing abuses, and how this issues relates to the Health District's community health improvement plan.

There were no other volunteers to speak. Chair Fraley-Monillas closed public comment.

#### **Division Report**

Mr. Jeff Ketchel stated that he has received inquiries from staff asking if they can share information with the Board regarding the work they're doing. The Executive Committee agreed to add a brief division update as a new agenda item.

Felicia Cain, public health nurse on the maternal-child health team, was the first staff member selected to give the division update. She provided her background and what her responsibilities are as a public health nurse in the maternal child health program.

#### **Written Reports**

Reports are provided in the Board packet.

#### **Consent**

It was moved by Ms. Wright and seconded by Mr. Bader to approve the following items on consent:

- a. Approve vouchers and Res. 18-18 authorizing July 2018 expenditures for Health District and PHEPR fund
- b. Approve the Finance Manager's request for change in monthly reporting cycle
- c. Authorize the Administrator to sign the short-term lease with Everett Public Schools
- d. Authorize the Administrator to approve for payment the American Academy of Pediatrics membership for Dr. Mark Beatty, Health Officer, from Oc. 15, 2018, to Oct. 14, 2019.

The motion passed unanimously.

#### **Briefings**

##### *Revised Division of Responsibilities and Res. 18-02*

Ms. Wright noted that the task force has met three times; they anticipate coming to the full Board with a full report by October. The task force includes Ms. Wright, Ms. Chris Cook, Mr. Dan Rankin, and legal counsel Grant Weed.

##### *Rucker Building task force update*

Mr. Shawn Frederick updated the Board on the first Rucker Building task force meeting. The task force includes Chair Fraley-Monillas, Ms. Wright, Ms. Cook, and Mr. Liam Olsen. Discussion at the first meeting focused on whether to stay or move to another site, financial implications, and access for clients.

### *Seven-day Opioid Point-in-Time update*

Ms. Heather Thomas informed the Board of two upcoming events: candlelight vigil and resource fair on Aug. 23 and overdose-prevention night at the AquaSox game on Sept. 1. She distributed an advance copy of the overdose-prevention resource guide and directory; 15,000 copies will be printed and distributed to the county, cities, libraries, and major clinics. There will also be a digital copy available.

The Point-in-Time press conference was held on July 25. This year's effort mirrored last year's, including the same questions, form, and collection points. The numbers went up, in part due to interagency coordination and increased awareness. Dr. Beatty found that trends were generally consistent from city to city. DOH is providing more fatality data based on zip codes, which will be shared at a later date. Dr. Beatty noted that all the indicators show that the crisis is getting worse. When referring to counts by population, Everett ranks in the middle. This was a barometer in a small period of time and makes the public aware of the problem. Dr. Beatty is working to make data more regularly available through dashboards, possibly making a point-in-time effort unnecessary in the future. Ms. Thomas said postcards are being developed for pharmacists to distribute when they fill a Narcan or naloxone prescription; the postcard will have a website and QR code for the overdose-prevention website. Embedded reporters and videographers took hours of footage during the PIT event; once compiled, the videos will be released in the coming weeks and months.

### *Building a Culture of Quality at the Health District*

Mr. Jeff Ketchel introduced Mr. Gary Hanada who oversees the accreditation process. Mr. Hanada updated the Board on quality culture components. Mr. Ketchel noted that this is the first time the Health District has had performance measures; once the strategic plan is in place, new performance measures will be put in place that align with the plan. Staff continues to collect documents for the accreditation process. The community health assessment (CHA) is on schedule to be completed this year. In 2019 we'll develop a community health improvement plan (CHIP) based on the CHA, complete the strategic plan, and by year-end submit our application for accreditation (with Board direction and approval).

### **Executive Session**

Chair Fraley-Monillas convened the Board into executive session for the purposes of:

- Personnel matter pursuant to RCW 42.30.110(1)(g)
- Potential litigation pursuant to RCW 42.30.110(1)(i)

Chair Fraley-Monillas stated that executive session is expected to last five minutes and the Board will reconvene at 4:05 p.m. No action was taken.

### **Administrator's Report**

Mr. Ketchel will be in an all-day meeting with the foundational public health services (FPHS) steering committee in which they'll decide to move forward with a proposal regarding how the public health system in the state would spend \$294.8M over the next biennium. It would adequately fund communicable disease, environmental health and assessment, and underlying support services for all Washingtonians. In the last biennial budget, the "ask" was for \$60M; local health jurisdictions received \$12M. Governmental public health has basically been unfunded since 1999 when I-695 passed. The legislature doesn't want to invest in the status quo and are interested in a modernized health system. On another note, the Health District is focusing on being the chief health strategist and cross-jurisdictional sharing. Mr. Ketchel and Ms. Nicole Thomson were selected to participate in the Kresge Emerging Leaders in Public Health; it comes with \$125,000 to implement a "transformative concept." Part of the funds could be used to fund the strategic planning process. Mr. Ketchel will be on vacation starting Monday for two-and-a-half weeks.



### **Health Officer's Report**

Dr. Mark Beatty reported the air quality is "moderately poor" due to smoke from forest fires. The Health District received praise from DOH for detecting the measles outbreak through the lab system. The outbreak was contained to one family; the two who were vaccinated did not get measles and the others who were not vaccinated did get measles. There were no confirmed cases outside the family. There have been two incubation periods since the first case; a press release will be sent out soon. There continue to be calls regarding bats due to warm weather and more bat activity; fortunately, none of the bats tested positive. The Health District is considering steps to deal with the situation proactively next year. Dr. Beatty has given grand rounds presentations at several local hospitals and has met with community partners that we've lost connection with, such as Domestic Violence Services and Ideal Option. He'll meet with Project Access Northwest and Dawson Place to build relationships, collaboration, and data-sharing. We've been in contact with Delta Dental to include dentists as part of the solution to the opioid crisis. Delta Dental is interested in developing a training program for dentists regarding opioid prescribing; Snohomish County will be the pilot for a statewide program.

### **Information Items**

Mr. Nate Nehring and Ms. S. Wright organized a needle pick-up in Arlington. They worked with Mayor Tolbert and the Arlington police department. About 17 people (escorted by police officers) collected needles, needle caps, tin foil, and spoons. Chair Fraley-Monillas noted there were about 100 needles collected by the group and hundreds of caps, indicating that needles are likely being disposed of properly.

Chair Fraley-Monillas reviewed upcoming meetings.

### **Adjournment**

The meeting was adjourned at 4:10 p.m.

Adrienne Fraley-Monillas, Chair

Jefferson Ketchel, Administrator / Secretary