

**Snohomish Health District  
Board of Health Minutes  
March 13, 2018**

The meeting was held at Snohomish Health District, 3020 Rucker Ave., first floor Auditorium.

**Members Present**

Adrienne Fraley-Monillas, Councilmember, Edmonds – BOH Chair  
Kurt Hilt, Councilmember, Lake Stevens (via phone)  
Sam Low, County Councilmember  
Kyoko Matsumoto Wright, Councilmember, Mountlake Terrace  
Nate Nehring, County Councilmember  
Dan Rankin, Mayor, Darrington  
Jeff Rasmussen, Councilmember, Monroe (via phone)  
Terry Ryan, County Councilmember  
Shirley Sutton, Councilmember, Lynnwood  
Stephanie Wright, County Councilmember – BOH Vice Chair

**Members Absent**

Scott Bader, Councilmember, Everett  
Christine Cook, Councilmember, Mukilteo  
Liam Olsen, Councilmember, Bothell  
Brian Sullivan, County Councilmember  
Jeff Vaughan, Councilmember, Marysville

**Arrival/Departure**

Mr. Ryan arrived at 3:15 p.m. and departed at 3:50 p.m.; Ms. S. Wright arrived at 3:25; Mr. Hilt departed at 3:15 p.m.

**Call to Order**

The regular meeting of the Board of Health was called to order at 3:06 p.m. by Board Chair Adrienne Fraley-Monillas in the auditorium of the Snohomish Health District Rucker Building.

Due to lack of quorum, roll call was postponed. Chair Fraley-Monillas began the meeting with the Administrator's report.

**Administrator's Report**

Mr. Jeff Ketchel reported that supervisors, managers, and directors received training on March 6 on quality improvement and performance management as part of our PHAB accreditation process.

EH staff is working closely with DOE, the city of Everett, and Kimberly-Clark regarding the former mill site on the Everett waterfront. Rubble is being removed and disposed of properly.

Recently, the city of Everett passed a moratorium on clinics in the B3 zone (where both the Health District and the VOA buildings are located). The Health District expressed concerns regarding its TB, HIV, and First Steps clinics; emergency clinics in the event of an outbreak; and community partner events that may include clinics. The city passed the ordinance and included exemptions for governmental public health clinics and temporary clinics.



The State legislature passed a statewide medicine-return ordinance. The Health District hopes to be part of the process as it's implemented to ensure the statewide system is in alliance with our countywide system.

Items Mr. Ketchel will provide to the Board at an upcoming meeting are: 1) a gap analysis comparing mandated foundational public health services and where the Health District is or is not meeting that work; 2) a white paper on governance options to the Board in response to interviews with the County Council members; and 3) a syringe exchange follow-up as requested by the Board.

The Food Safety and Health Champion awards will be presented at the April meeting.

### **Roll Call**

Roll call was taken by Ms. Linda Carl who reported there was a quorum present.

### **Approval of Agenda Contents and Order**

It was requested to remove item 9b on the agenda. (Item 9b: Request to co-locate Health District onsite-sewage program at Snohomish County Planning and Development Services.)

It was moved by Mr. Nate Nehring and seconded by Mr. Sam Low to approve the agenda contents and order with the removal of item 9b. The motion passed unanimously.

### **Approval of Minutes**

It was moved by Mr. Low and seconded by Mr. Dan Rankin to approve the minutes of the regular meeting of Feb. 13. The motion passed unanimously.

### **Public Comment**

There were no volunteers to speak during public comment. Public comment was closed.

### **Standing Reports**

Chair Fraley-Monillas noted that committee standing reports are in the Board packets.

### **Consent**

It was moved by Mr. Low and seconded by Mr. Nehring to approve the consent agenda:

- a. Approve vouchers and Res. 18-07 authorizing February 2018 expenditures for Health District and PHEPR fund

The motion passed unanimously.

### **Action**

#### ***Approve the monthly Board of Health revised financial report format and financial reports (SR 18-016)***

Finance Manager Tracey Kellogg noted that the design of the report has been reformatted. By not spending \$1.9M for the Rucker Building remodel, 2017 ended with a surplus instead of a deficit.

It was moved by Ms. Kyoko Matsumoto Wright and seconded by Mr. Low to approve the revised format of the finance report. The motion passed unanimously.

It was moved by Mr. Rankin and seconded by Mr. Nehring to approve the revised monthly financial report ending Dec. 31, 2017. The motion passed unanimously.





It was moved by Mr. Terry Ryan and seconded by Mr. Rankin to approve the monthly financial report ending Jan. 31, 2018. The motion passed unanimously.

## **Briefings**

### ***Organizational update (SR 18-017)***

Prevention Services Director Nancy Furness reviewed structural changes in the division. Currently the division is comprised of the director, three program managers, and three supervisors; two of the managers are retiring in June. In the restructure, the retiring managers' positions will be replaced by supervisor positions. One will supervise the WIC program, and the other will supervise the other programs within the division. The current CD program manager position will be eliminated and the FTE will become an assistant director. The new position will be advertised internally and externally. This change provides about \$71,000 in savings in 2018. Mr. Ryan asked for more detailed cost information once the restructured positions hit their top step; staff will provide an answer by week's end.

### ***Board retreat planning***

The Board discussed having a retreat and potential topics. Mr. Low recommended that in lieu of a retreat, each Board member take a field trip to the needle exchange. Ms. Matsumoto Wright recommended that Board members go on a restaurant inspection. After discussion, the Board agreed to reconsider a retreat-type meeting in the summer when the Health District begins its strategic planning.

### ***Dykeman Architects facility assessment report (SR 18-018)***

Mr. Ryan recused himself from the briefing and potential discussion and left the room. The Dykeman team presented their findings from their facility assessment of the two Volunteers of America buildings on Lombard and Broadway.

## **Executive Session**

Chair Fraley-Monillas convened the Board into executive session for the purposes of:

- Sale, acquisition, or lease of real property pursuant to RCW 42.30.110(1)(b) and (c)
- Pending litigation pursuant to RCW 42.30.110(1)(i) (i & ii)

Chair Fraley-Monillas stated that executive session is expected to last 10 minutes and the Board will reconvene at 4 p.m. The Board announced one five-minute extension. The Board reconvened into regular session at 4:05 p.m. No action was taken.

## **Health Officer Report**

Dr. Beatty reported that although there's an increase in opioid-related deaths nationwide, there's a decrease in Snohomish County from 2016 to 2017, a trend that's been continuing since 2011. Dr. Beatty will present this data at a grand rounds presentation tomorrow at Providence Regional Medical Center - Everett. Slides from the presentation are available to Board members. He noted that the rate of Hepatitis C is increasing, likely due to IV drug usage.

He reported that home-raised chickens have been identified as the source of a current *Salmonella outbreak*; 1,100 cases have been reported nationwide.

Dr. Beatty noted that the popular dietary supplement "Kratom" (*Mitragyna speciosa*) has been identified by the CDC as another source of a nationwide *Salmonella outbreak*. *Mitragyna speciosa* is a tropical evergreen tree in the coffee family native to Southeast Asia and is available locally in vitamin and nutritional supplement




stores. As such it's not regulated in purity or quality; however, the DEA has identified it as an opioid. The DEA has been unable to make it illegal due to questions by Congress about the completeness of DEA's data on the substance; however, several cities, counties, and states have already banned it. Dr. Beatty agrees it should be banned because it's unregulated, is an opioid, and has also been associated with health effects, including death. He's requested that the medical examiner consider including this drug in testing. The CDC and State have issued a health warning focusing on the outbreak.

**Information Items**

Chair Fraley-Monillas reviewed upcoming meetings.

**Adjournment**

The meeting was adjourned at 4:15 p.m.

  
Adrienne Fraley-Monillas, Chair

  
Jefferson Ketchel, Administrator / Secretary