

*Snohomish Health District  
Board of Health Minutes  
Regular Meeting  
July 13, 2010*

**Members Present**

Patsy Cudaback, Councilwoman, Monroe  
Dave Gossett, County Councilman  
Linda Grafer, Councilwoman, Mukilteo  
Karen Guzak, Mayor, Snohomish  
Mark Lamb, Mayor, Bothell, Chair  
Adrienne Monillas, Councilwoman, Edmonds  
Drew Nielsen, Councilman, Everett  
Jim Smith, Councilman, Lynnwood  
Dave Somers, County Councilman, Vice Chair  
Brian Sullivan, County Councilman  
Dianne White, Mayor, Stanwood  
Donna Wright, Councilwoman, Marysville

**Members Absent**

Mike Cooper, County Councilman  
John Koster, County Councilman  
Michelle Robles, Councilwoman, Mountlake Terrace

**Others Present**

Joseph Aharchi, SHD Tuberculosis Control Program Manager  
John Amos, Snohomish County Council  
Amy Blanchard, SHD CD Program Manager  
Jeff Clarke, SHD Deputy Director  
Randy Darst, SHD Environmental Health Division Director  
Patty DeGroot, Providence Regional Medical Center  
Gary Goldbaum, MD, SHD Health Officer and Director  
Tim McDonald, SHD Communicable Disease Division Director  
Tim Murphy, SHD Information Systems Manager  
Suzanne Pate, SHD Communications Specialist  
Don Peterson, SHD Business Manager  
Teresa Quigley, SHD Administration Specialist  
Sharon Salyer, The Everett Herald  
Christine Scarlett, SHD Human Resources Manager  
Charlene Shambach, SHD Community Health Division Director  
Steve Uberti, SHD Legal Counsel  
Kirby White

## Call to Order

The regular monthly meeting of the Board of Health was convened at 3:00 p.m. by Chair Lamb in the Board Room of the Snohomish Health District Rucker Building. Roll call was taken by Teresa Quigley, who reported a quorum was present.

## Health Officer's Report

*Monthly Report.* Dr. Goldbaum updated the Board on: H1N1 influenza vaccine safety relative to Guillain-Barre syndrome; an increase in pertussis (whooping cough) cases nationally and declining vaccination rates in Washington State and Snohomish County; an acknowledgment by the Northwest Indian Fisheries Commission of the Health District's collaboration with the Stillaguamish Tribe to clean up Port Susan; education on the basics of nutrition provided in the most recent issue of Food for Thought (a newsletter published by the Health District Food and Living Environment program); and editorials from the New England Journal of Medicine regarding exposure to excessive doses of radiation due to overuse and incorrect application of radiographic imaging, and food insecurity as a major risk for obesity, diabetes and heart disease.

## Chair's Report

The Board welcomed Snohomish Mayor Karen Guzak as the new Board member representing the cities of Gold Bar, Index, Snohomish and Sultan. Health District legal counsel, Steve Uberti, administered the oath of office to Ms. Guzak.

## Health Officer's Report (continued)

*Presentation on Tuberculosis program.* Program Manager Joseph Aharchi gave a presentation on the Health District Tuberculosis (TB) Control program and multiple drug resistance. TB is an airborne transmitted bacterium that mainly infects lungs. It is a worldwide infection, and tuberculosis control is state mandated. Activities within this Health District program are: screening, diagnoses and treatment of people with latent TB infection and active TB; targeted testing of high risk populations; contact investigation and screening of people exposed to TB; refugee and immigrant screening; TB case outreach work (including direct observed therapy); consultation to community health care providers; community-based educational outreach and training on disease control and prevention; and management of outbreaks. In May of 2010, the Board of Health approved an allocation of \$140,000 from the Health District TB reserve to address two multiple drug resistant (MDR) TB cases in Snohomish County and other issues that may surface during 2010. MDR cases are more costly and labor intensive. They take 18-24 months of isolated treatment, and require a drug regimen with more side effects and possible hospitalization.

## Minutes

It was moved by Mr. Gossett and seconded by Ms. White to approve the minutes of the regular meeting held June 10, 2010. The motion carried unanimously. Mr. Smith asked for a copy of the Charter of the Snohomish Health District in regard to the Vice Chair filling the unexpired term of office of the Chair in the event of a vacancy occurring. He was provided with the Charter immediately following adjournment of the Board meeting.

## **Public Comment**

There was no public comment.

## **Committee Reports**

Minutes from the July 6 Administration Committee meeting were included in today's meeting packet. The June 21 Program Policy Committee meeting was cancelled. Also included in today's meeting packet were the monthly standing reports. There were no questions regarding these reports.

## **Consent Agenda**

It was moved by Mr. Smith and seconded by Mr. Gossett to approve the items on the Consent Agenda. The Board approved the following items: (a) Resolution 10-18 authorizing June 2010 expenditures for Health District, AIDS and PHEPR funds; and (b) Resolution 10-19, revision in change funds. The motion carried unanimously.

## **Action Agenda**

There were no action items on the agenda.

## **Discussion Items**

Jeff Clarke advised that the 2011 General Fund Budget planning process has begun. Revenue and expenditure discussions are being held with program managers and division directors, and preliminary projections will be provided to the Board in August. Grant and fee revenues are fairly clear, but funding from the county, state and federal government is more difficult to determine. A request has been made to the County to maintain the Health District's base funding, at a minimum. Discussions are also being held with the County regarding Solid Waste fees. Bargaining for three union contracts is expected to begin in September and finish prior to budget completion. Results of these negotiations will have a cost impact on the budget. A request was made at the July Administration Committee meeting to hold an executive session at the August Board of Health meeting to discuss strategy regarding issues such as cost of living and step increases. Plans are for a more concise budget format that will provide a strong communications tool for the Board of Health and staff. More detailed information will be given on each project or program. The Board was invited to provide input on the budget design and format. A three to five year revenue/expense projection will also be developed to assist in the budget process.

## **Information Items**

A calendar for scheduled meetings in July and August was provided to Board members in their packets.

Board members were provided with the May 31, 2010 H1N1 Spending Plan report.

The Snohomish Health District has requested and received a \$52,277 increase in the Healthy Childcare Washington grant for the period of July 1 through December 31, 2010. These funds will continue to support the nutritionist working in the child care settings and increase management time by 0.20 FTE.

**Executive Session**

No executive session was needed.

**Other Business**

No other business was discussed.

**Adjournment**

The meeting was adjourned at 3:57 p.m.

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Mark Lamb, Chair

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Gary Goldbaum, M.D., M.P.H., Secretary