

NOTICE OF MEETING AND AGENDA
SNOHOMISH DISTRICT BOARD OF HEALTH
NOVEMBER 9, 1965
FIRST PRESBYTERIAN CHURCH

AGENDA

1. Call to Order
2. Minutes of October 19 and 21, 1965
3. Auditing Committee
4. Old Business
5. New Business
 - A. Appointment Approved
6. Reports
 - A. Health Officer
 - B. Sanitation
 - C. Vital Statistics
 - D. Financial
7. Authorization of Accounts
8. Adjournment

Clifford Anderson, M.D., M.P.H.
District Health Officer

MINUTES
SNOHOMISH DISTRICT BOARD OF HEALTH
November 9, 1965

- Present: Members, Mrs. Simpson, Messrs. Krekow, Kraetz, Alexander, and McCollum. Also, Dr. Anderson, Dr. Darrough, Dr. Millard, Miss Findlay, Mrs. Schultz, Mrs. Carleton, Mr. Stockton, Mr. Ingram, and Mrs. Supper.
- Minutes Moved by Mrs. Simpson, seconded by Mr. Kraetz, and carried that the minutes of October 19 and 21, 1965, as previously circulated to members, be approved as written.
- Auditing Committee Mr. Krekow appointed Mr. McCollum and Mr. Alexander as the Auditing Committee.
- Memorandum to Cities and Towns Dr. Anderson announced that the memorandum concerning payment for health services had been sent out to cities and towns on November 5. The letters will be followed up by visits to the councils by himself, Mr. Ingram, and other representatives of the Health District. Mr. Krekow stated that Mr. Ingram was to be highly complimented for writing the memorandum which was an excellent one. The Board agreed.
- Staff Appointment Approved Moved by Mr. Alexander, seconded by Mr. Kraetz, and carried that the appointment of Darlene Schroedl, Public Health Nurse, effective September 21, 1965, at a monthly salary of \$443, be approved.
- Mental Health and Mental Retardation Foundation Dr. Anderson requested that the Board of Health endorse the creation of the newly incorporated Mental Health and Mental Retardation Foundation of Snohomish County, Inc. He stated that at the present, its primary function is to act as recipient for any community mental health or mental retardation monies which may be available from the State or Federal governments. Moved by Mr. Alexander, seconded by Mrs. Simpson, and carried that the Board of Health endorse the creation of the Mental Health and Mental Retardation Foundation of Snohomish County, Inc.
- Intensive Cardiac Care Unit Dr. Anderson informed the Board that Providence Hospital was interested in obtaining an intensive cardiac care unit. From figures obtained from the Vital Statistics section of the Health District, it has been ascertained that 92 persons died in the County during the past year who might have benefited from such unit. It is estimated that such a machine could reduce the deaths caused by cerebral vascular accident by 25%.
- FHA Meeting Mr. Stockton reported that he had been to a meeting in Seattle between FHA officials and local health departments regarding the use of septic tanks for sewage disposal. FHA would like the departments to certify if sewers are feasible so that FHA can insist on sewers in plats if loans are to be made. This meeting will probably result in raised standards for installation of septic tanks, and Mr. Stockton warned that this may affect the economy of Snohomish County as far as home building is concerned as much of the land in this county is unsuitable for septic tank installation.

County Meat Ordinance

Dr. Millard announced that the hearing for the County Meat Ordinance was set for November 15. The City Commissioners stated that they had amended their meat ordinance to eliminate legal holidays as illegal days on which to sell meat. The only day on which the City markets can not sell meat is Sunday. There are no illegal days for selling meat in the County ordinance.

Reports

Vital Statistics - September, 1965 as appended.

Financial - Revenues deposited as of October 31, 1965: \$243,801.28

Total spent up to September 30, 1965: \$213,717.20

Authorization of Accounts

Moved by Mr. Alexander, seconded by Mr. McCollum, and carried that accounts as presented for payment be approved as follows:

Salaries - November 1965	\$18,661.25
M. & O. - October 1965	4,243.72

Adjournment

The meeting was adjourned at 2:45 p.m.



Chairman

AGREEMENT OF INCORPORATION

of

MENTAL HEALTH AND MENTAL RETARDATION FOUNDATION OF SNOHOMISH COUNTY, INC.

We, the undersigned, do hereby associate ourselves together for the purpose of forming a corporation under and pursuant to the provisions of the Revised Code of Washington, Section 24.16.010, et. seq., and do hereby subscribe and execute the following Agreement of Incorporation, in triplicate.

ARTICLE I

NAME

The corporate name of this organization shall be MENTAL HEALTH AND MENTAL RETARDATION FOUNDATION OF SNOHOMISH COUNTY, INC., and its principal place of business shall be located in the County of Snohomish, State of Washington.

ARTICLE II

PURPOSES

The purposes and objects of this corporation shall be:

1. To foster, stimulate and promote community interest and understanding of mental health and of mental retardation.
2. To conduct such services and studies as may be deemed necessary or proper to determine the sufficiency of existing services and plan for and promote such additional facilities as will meet the needs of the emotionally disturbed, mentally ill and mentally retarded.
3. To render such services and provide such facilities, either directly or indirectly, through cooperation with other agencies as will tend to meet the needs of the emotionally disturbed, mentally ill and mentally retarded.
4. To possess, buy, mortgage, sell, lease, barter and exchange real and personal property; to borrow money, collect funds, receive gifts, and legacies, and exercise all powers that are now or hereafter conferred by law upon such corporations as are organized under the foregoing provisions of the Revised Code of Washington.

ARTICLE III

DURATION

The duration of said corporation shall be perpetual.

ARTICLE IV

MEMBERSHIP

There shall be no stock or shares of any kind issued to any member of said corporation, and the qualifications for membership, the term thereof, expulsion and termination of membership, and transferability thereof, shall all be governed by the by-laws hereinafter to be adopted by said corporation.

IN WITNESS WHEREOF, we have hereunto set our hands and seals
this _____ day of _____, 1965.

STATE OF WASHINGTON)
(SS.
County of Snohomish)

On this day personally appeared before me _____

to me known to be the individuals described in and who executed the
within and foregoing instrument, and acknowledged that they signed the
same as their free and voluntary act and deed, for the uses and purposes
therein mentioned.

GIVEN under my hand and official seal this _____ day of
_____, 1965.

Notary Public in and for the State of
Washington, residing at Everett

BY - LAWS

of

MENTAL HEALTH AND MENTAL RETARDATION FOUNDATION OF SNOHOMISH COUNTY, INC.

ARTICLE I

MEMBERSHIP

Section 1. The membership of this corporation shall consist of persons who have expressed their interest in said corporation, their approval of its purposes and methods, and their desire to become members thereof.

Section 2. Each member shall pay annual membership dues in the sum of One Dollar (\$1.00), which said sum shall be payable on or before the annual meeting for the succeeding calendar year.

Section 3. The Board of Trustees may, in its discretion, expel from membership any or all members who shall have failed to appear or register at the last prior annual meeting of members, or who shall fail to pay their annual dues after such notice as the Board of Trustees shall in their discretion give, if any.

ARTICLE II

ANNUAL MEETING

The annual meeting of the membership of said corporation shall be held on the 3rd Monday in January of each year and written notice thereof shall be mailed to all members in good standing at their last known address at least thirty (30) days prior to such annual meeting.

ARTICLE III

BOARD OF TRUSTEES

Section 1. The governing authority of this corporation shall be vested in a Board of Trustees consisting of ten (10) individual members and who shall control and manage the affairs, funds and property of the corporation with the power to hire and dismiss employees, to establish and appoint committees and non-elective officers, to fix and determine policies for the management and operation of the corporation, to authorize and account for the expenditures of money provided that the Board of Trustees shall not sell, encumber, pledge nor otherwise dispose of any of the real

property of said corporation having a reasonable market value of more than \$500.00 unless such shall have been approved by a majority of the members present at an annual membership meeting.

Section 2. The Board of Trustees shall be elected each year from the membership of the corporation at the time of the annual meeting hereinabove provided for.

Section 3. Vacancies occurring in the Board between elections may be filled by majority vote of the remaining Trustees at any meeting of the Board.

Section 4. The Board shall meet on the 3rd Monday of each month, except during the months of July and August.

Section 5. Special meetings may be called by the President, Vice-President, or at the request of not less than one-third of the members of the Board, and notice thereof shall be given to said Board members by telephone at least two days prior to said meeting, or by mail sent at least three days prior to said meeting.

Section 6. A majority of the Board shall constitute a quorum at any regular or special meeting thereof.

ARTICLE IV

OFFICERS

The Board of Trustees shall immediately, upon adjournment of the annual membership meeting, meet and elect for a period of one year or until their successors are elected and qualified from the membership of said Board, a President, a Vice-President, a Treasurer, and a Secretary, which said officers shall fulfill, perform and exercise such duties and rights as are usually assigned to such officers, and shall fulfill, perform and exercise such other duties and rights as shall be delegated to said officers by the Board of Trustees.

ARTICLE V

AMENDMENTS

These By-Laws may be amended at any meeting of the Board of Trustees except as hereinafter provided, by vote of two-thirds of those present; provided, that written notice of such proposed amendment shall have been mailed to the last known address of all Trustees at least ten

(10) days prior to said meeting, it being specifically provided that said Board of Trustees may by amendment made in the manner herein provided provide for the enlargement or decrease in the size of said Board, provided that said Board shall at no time consist of less than three (3) nor more than sixty (60) trustees, and provided further that, except as hereinabove set forth, no such amendment which shall increase or extend the term of office or powers of the Board of Trustees shall be of any force or effect until the same shall have been approved by a majority of the vote of the members present at the next succeeding annual meeting of members.

The foregoing By-Laws, upon motion duly made, seconded and passed, were adopted as the By-Laws of the Mental Health and Mental Retardation Foundation of Snohomish County, Inc., at the first meeting of said corporation, held on _____, 1965.

Temporary Chairman

Attest:

Temporary Secretary

BIRTHS AND DEATHS OCCURRING IN SNOHOMISH COUNTY
AS OF October 31, 19 65

	Total to Date	Total for Month	Total County Res.	Total Non Res.
BIRTHS	2,384	232	212	20
FETAL DEATHS	25	1	1	
DEATHS	1,244	121	103	18
"Motor vehicle"accidents	45	3	2	1
Adult accidental deaths	49	4	2	2
Infant accidental deaths	3			
All other infant deaths	52	6	6	
Suicide	21	2	1	1
Homicide	1			
Undetermined (of above)	1			
Infectious diseases	6	1	1	
Malignant neoplasms	186	17	15	2
Cerebral vascular accident	182	17	14	3
Acute coronary	74	9	9	
All other deaths	624	62	53	9