

NOTICE OF MEETING AND AGENDA
SNOHOMISH DISTRICT BOARD OF HEALTH
April 14, 1964
1:30 p.m.

Extension Building - Conference Room

AGENDA

1. Call to Order
 - Election of Vice-Chairman
2. Minutes of March 12, 1964
3. Auditing Committee
4. Unfinished Business
5. New Business
6. Reports
 - A. Health Officer
 - B. Sanitation
 - C. Vital Statistics
 - D. Financial
7. Authorization of Accounts
8. Adjournment

Clifford Anderson, M.D., M.P.H.
District Health Officer

RECEIVED of the Snohomish Health District two (2) copies of the minutes of
the SNOHOMISH DISTRICT BOARD OF HEALTH meeting on April 14, 1964.

Dorothy L. Tjerne

Auditor

MINUTES
SNOHOMISH DISTRICT BOARD OF HEALTH
April 14, 1964

Present: Members, Mrs. Simpson, Messrs. Kraetz, Wyatt, Alexander, McCollum, Krekow, and Stocker. Also, Dr. Anderson, Dr. Darrough, Dr. Millard, Miss Findlay, Miss Jones, Miss Luening, Mr. Stockton, Mr. Moser, Mr. Wilkinson, Mr. Ingram, and Mrs. Supper.

Election of Vice-Chairman Pursuant to the election of two new city commissioners, it was necessary to elect a new Vice-Chairman of the Snohomish District Board of Health for the remainder of the year of 1964. Mrs. Simpson nominated Mr. Krekow for the position. Mr. Kraetz moved that the nominations be closed. Mr. Krekow was unanimously elected as Vice-Chairman of the Board of Health for the remainder of 1964.

Auditing Committee Mr. McCollum appointed Mr. Wyatt and Mrs. Simpson as the Auditing Committee.

Custoday of Mental Patients Dr. Anderson reported that he had contacted the administrators of the three largest hospitals in Snohomish County and found that there are no rooms available for mental patients. Providence Hospital in Everett is contemplating expansion and will add three such rooms. If General Hospital expands, it too will include such rooms. Dr. Darrough explained that though there is \$3000 in the Superior Court budget for hospitalization of such patients, the sheriff does not have the manpower to provide guards and therefore will not permit patients to be hospitalized if they are under his jurisdiction. It was pointed out that usually there are few of these cases and hearings are held promptly. The Board concluded that there is no solution to the problem at the present time.

Reports Health Officer: Dr. Anderson reported that a small child with typhoid was hospitalized at General Hospital. The mother had been hospitalized in Skagit Valley Hospital with the same disease. However, they were residents of Island County. The mother was still quite ill, but the child was doing well. All contacts had been immunized, and the Health District was investigating all contacts to find the source. Some Stanwood citizens had been concerned that the sewage lagoon was the source, but it has been established that the source was inside the family unit.

Dr. Anderson also reported that the Steering Committee for Community Mental Health Planning was in motion. Mr. Robert Humphrey is the chairman, and two meetings have been held. Dr. Charles R. Strother is the chairman of the Governor's Mental Health and Mental Retardation Planning Committee, which will hold a regional meeting in May and will instruct our Steering Committee for future action.

Dr. Stocker asked the definition of an epidemic, and Dr. Anderson answered that more than 10% of the employees in industry must have a certain disease at one specific time.

Reports
Cont'd

Sanitation: Mr. Stockton gave each of the new Board members a copy of the Sanitary Code.

He stated that his department had been receiving complaints concerning adulterated hamburger. At the present time, there is nothing in the County Code to control this. It must be done through the State Department, Division of Food and Drugs, and due to correspondence which must be written, distance, and lack of enough inspectors, this method is slow and ineffective in most cases inasmuch as often the ownership of the meat market has changed before the inspector gets to it. Dr. Millard added that two adulterants used are sodium sulphate and sodium benzoate to preserve color. This use can facilitate the sale of old and even spoiled meat.

Mr. Stockton also reported that signs are being placed in food establishments barring dogs.

Vital Statistics: For February, 1964, as appended. Dr. Anderson explained the Vital Statistics report to the Board for the benefit of the new members. He also stated that the Health District keeps a record of all actual cases of communicable diseases.

Financial: Revenues deposited as of March 31, 1964: \$83,060.23

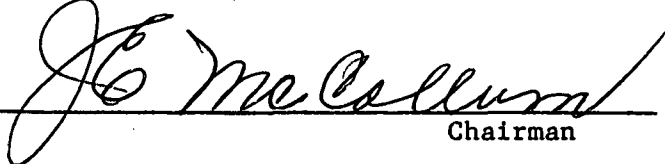
1964 Operational Cost up to March 31, 1964:

| <u>Budget Item</u> | <u>Expended</u> |
|-------------------------|-----------------|
| Salaries | \$61,372.50 |
| Maintenance & Operation | 17,744.70 |
| Capital Outlay | 2,030.71 |

Authorization of Accounts Moved by Dr. Stocker, seconded by Mrs. Simpson, and carried that accounts and as presented for payment be approved, as follows:

| | |
|---------------------------|-------------|
| Salaries - April, 1964 | \$20,430.75 |
| M. & O. - March, 1964 | 9,043.67 |
| Cap. Outlay - March, 1964 | 89.19 |

Adjournment The meeting was adjourned at 2:05 p.m.


Chairman

BIRTHS AND DEATHS OCCURRING IN SNOHOMISH COUNTY
AS OF March 31, 1964

| | | Total To Date | Total For Month | Total Co. Res. | Total Non Res. |
|-------------------------|--------------|---------------------|-----------------------|----------------------|----------------------|
| | BIRTHS | 649 | 242 | 226 | 17 |
| | FETAL DEATHS | 13 | 3 | 3 | |
| | DEATHS | 414 | 144 | 125 | 19 |
| Motor vehicle accidents | | 8 | 3 | 2 | 1 |
| Other accidental deaths | | 9 | 1 | 1 | |
| Suicide | | 5 | 2 | 2 | |
| Homicide | | 1 | | | |
| All other deaths | | 391 | 138 | 120 | 18 |

RECEIVED two copies of the SNOHOMISH DISTRICT BOARD OF HEALTH minutes for March
12, 1964.

Olga Nelson

Auditor's Office

MINUTES
SNOHOMISH DISTRICT BOARD OF HEALTH
March 12, 1964

- Present: Members, Mrs. Simpson, Messrs. McCollum, Kraetz, Wyatt. Also Dr. Anderson, Dr. Darrough, Miss Findlay, Mrs. Schultz, Miss Jones, Dr. Millard, Mr. Stockton, Mr. Moser, Mr. Ingram, and Mrs. Supper.
- Minutes Moved by Mr. Kraetz, seconded by Mr. Wyatt, and carried that the minutes of February 13, 1964, and as previously circulated to members be approved.
- Auditing Committee Mr. McCollum appointed Mrs. Simpson and Mr. Kraetz as the Auditing Committee.
- Unfinished Business Dr. Anderson stated that he had received an opinion from Mr. Ingram, Attorney to the Board of Health, that the Health District can legally proceed with the skin testing for tuberculosis of all prisoners in the City and County jails. He explained that only the prisoners who react positively to the test will need to be X-rayed. This should eliminate the X-raying of at least 60% of the prisoners. This program is to be instituted as soon as possible.
- Custody of Mental Patients Dr. Darrough presented again the problem of housing and protection of mentally agitated patients during non-judicial hours. He explained that Providence Hospital has a room which can be used provided that a relative or friend accompany the person and be responsible for him. The General Hospital also has a room with barred windows. However, neither hospital wants this kind of patient. The only other re-course is the County Jail which does not have private accommodations for this type of prisoner. The Delta Rehabilitation Center has been suggested by Dr. Darrough and Dr. Anderson as a possible solution. Discussion followed. Moved by Mrs. Simpson, seconded by Mr. Kraetz, and carried that the Health Officer ascertain from the Superior Court exactly how the monies designated in their budget for this purpose is to be spent; e.g., transportation, housing, etc. It was stated that this question was not a responsibility of the Board of Health, but there is a concern for better custody.
- Staff Changes Moved by Mrs. Simpson, seconded by Mr. Kraetz, and carried that the resignation of Marlys True, Typist, effective March 23, 1964, be accepted; and the appointment of Judith Holt, Typist, effective March 24, 1964, at \$301 per month, as recommended by Dr. Anderson, be approved.
- Reports Dr. Anderson reported that the flu epidemic did not strike in Snohomish County and seems to be concentrated in Oregon at present.
- Dr. Anderson discussed an oral polio community immunization program being considered by the Snohomish County Medical Society. He went into a long discussion relative to the merits of injectable vaccine vs. the oral vaccine. The general medical conception is that the oral vaccine program is a much better program from the standpoint of community acceptance and the insuring of a higher level of immunization. The question of trivalent and monovalent vaccine was discussed,

Reports
Cont'd

and it was pointed out that the monovalent vaccine was cheaper and a higher percentage of takes in the general population. The Health Officer felt that if the Medical Society voted to go ahead with this program, then the Board of Health of the Snohomish Health District should endorse it and help in any way possible.

Sanitation: Mr. Stockton stated that the Health District will issue radio releases and pamphlets in conjunction with National Poison Prevention Week this month.

Vital Statistics: For January, 1964, as appended.

Financial: Revenues deposited as of February 29, 1964: \$59,650.02

1964 Operational Costs up to February 29, 1964:

| <u>Budget Item</u> | <u>Expended</u> |
|-------------------------|-----------------|
| Salaries | \$40,770.00 |
| Maintenance & Operation | 8,701.03 |
| Capital Outlay | 1,941.52 |

Authorization of Accounts Moved by Mr. Kraetz, seconded by Mrs. Simpson, and carried that accounts and as presented for payment be approved, as follows:

| | |
|--------------------------|-------------|
| Salaries - March, 1964 | \$20,602.50 |
| M.&O. - February, 1964 | 5,723.98 |
| Cap. O. - February, 1964 | 1,872.88 |

Adjournment The meeting was adjourned at 3:20 p.m.


Chairman

BIRTHS AND DEATHS OCCURRING IN SNOHOMISH COUNTY
AS OF February 29, 1964

| | | Total To Date | Total For Month | Total Co. Res. | Total Non Res. |
|-------------------------|--------------|---------------------|-----------------------|----------------------|----------------------|
| | BIRTHS | 406 | 215 | 202 | 13 |
| | FETAL DEATHS | 10 | 6 | 4 | 2 |
| | DEATHS | 270 | 149 | 128 | 21 |
| Motor vehicle accidents | | 5 | 1 | 1 | |
| Other accidental deaths | | 8 | 4 | 3 | 1 |
| Suicide | | 3 | 1 | 1 | |
| Homicide | | 1 | | | |
| All other deaths | | 253 | 143 | 123 | 20 |

LEWIS A. BELL
WILLIAM F. INGRAM
NEWELL SMITH
DON MINOR

BELL, INGRAM, SMITH & MINOR

ATTORNEYS AT LAW
314 FIRST NATIONAL BANK BUILDING
EVERETT, WASHINGTON 98201

TELEPHONE
ALPINE 9-4123
ALPINE 9-4124

March 11, 1964



Dr. Clifford Anderson
Health Officer
Snohomish Health District
3011 Rockefeller
Everett, Washington

Dear Dr. Anderson:

You have asked the following questions, to-wit:

1. May persons admitted to the County or City Jail be required to submit to a chest X-Ray having for its purpose the discovery of tuberculosis?
2. May persons admitted to the County Jail be required to submit to a skin test to determine whether the subject may be vulnerable to tuberculosis, which skin has as its purpose the elimination of the necessity of taking X-Rays to discover the existence of tuberculosis in the subject?

I answer both questions in the affirmative for the following reasons.

R.C.W. 70.06.030 sets forth the duties and powers of the Health Officer. These powers are broad in so far as they pertain to the prevention, suppression and control of dangerous, contagious or infectious diseases. You have advised me that in your judgment the type of population usually found in places of confinement such as the County or City Jails are especially apt to be subject to the disease of tuberculosis in one stage or another. Tuberculosis is a communicable disease and chest X-Ray is an approved method of diagnosis to determine the existence of said infectious tuberculosis. The skin test which you refer to is but a preliminary means to determine whether or not a chest X-Ray should be given. If this skin test is a recognized means of eliminating the necessity of taking the X-Ray and is in and of itself innocuous to give and does not in any way disfigure the subject, then it would be my opinion that this would be an accepted means of diagnosis.

The State Board of Health has promulgated regulations governing the control of communicable and certain other diseases including among them tuberculosis.

Dr. Anderson
March 11, 1964
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R.C.W. 36.63 is a section of the State Code dealing with the establishment of jails. R.C.W. 36.63.050 (3) makes it the duty of the sheriff to maintain a suitable book in which entries must be made as to what sickness has prevailed in the jail during the year and what was the cause thereof. R.C.W. 36.63.060 (5) and (10) vest in the judges of the superior court the right to prescribe in writing rules and regulations governing the employment of medical and surgical aid when necessary and such other regulations as the judges may deem necessary to promote the welfare of the prisoners.

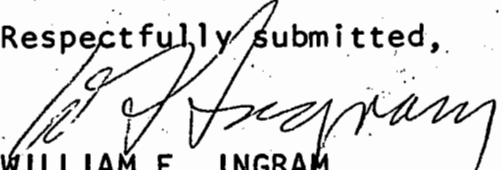
R.C.W. 70.20.140 under the Health Code gives to the municipal authority the right to remove infected prisoners upon medical advice that such prisoner may be infectious or apt to spread a communicable or dangerous disease.

Reviewing the above statutes and regulations, I conclude that a prisoner in a County or City Jail is required to submit to a chest Z-Ray or a skin test to determine whether a chest X-Ray should be given so that the officers charged with the performance of duties under such statutes and regulations can intelligently follow the mandate of the legislature and the purport of the regulations.

This opinion is concurred in by an attorney general's opinion issued in March of 1956, (AGO 55-57).

In the case of State ex rel. Holcomb v. Grant Armstrong, 39 Wn. (2d)860 the issue of ones religious freedom under constitutional rights was raised concerning the action of the regents of the State University in requiring a X-Ray examination of all students prior to registration. The Court in that action held that the regulation of the said Board of Regents in requiring such examination for the discovery of tuberculosis of all students prior to said registration did not violate the guarantee of religious freedom and the First Amendment to the Federal Constitution, and that the Board of Regents have the implied power to make and inforce such regulation for the discovery of tuberculosis prior to the students registration.

Respectfully submitted,


WILLIAM F. INGRAM
Attorney to the
Snohomish Health District